



GAIN 10-15 YARDS ON YOUR DRIVES!

AVERAGE INCREASE IN SPEED OF 5%!

Duration: 6 weeks

Frequency: 3 days/week *(1 in person & 2 on your own per week)*

Session length : 30-45 minutes per session

Date and Times: 9am Thursday's and 8am Friday's. May 13th-June 18th

The clinic cost will include 1 set of SuperSpeed Golf Training Clubs (\$200 value) for participants to keep and coaching from Level 3 Certified Coach, Greg Wenzel. Greg will work participants through the protocols and will gather some before and after club speed data on the first and last day of the clinic, to show you how much speed you have gained!

Superspeed protocols recommend training 3x per week. Greg will be hosting sessions 2 days of the week. Participants have the option to come to one or both of the sessions held.

Time of sessions will be Thursday's at 9am and Friday's at 8am. Sessions begin the week of May 13th/May 14th and will held on Thursday's and Friday's for the following weeks ending June 18.

Cost: \$299

(Includes 6 weeks of sessions and superspeed training clubs)

Deadline to sign up: May 2nd

Limit: 10 participants

Please choose which category you fit into best. Training Clubs will be ordered accordingly. Please check one.

Senior/Ladies/Lightweight (Drives under 200)

Regular/Stiff Shafts (Drives over 200 yards)

Please contact Greg Wenzel, PGA with any questions. Email: gwenzel@washoegolf.org or cell: 775-527-0017